

## What adult chickens and baby chicks can eat

Food	Can adult chickens eat it?	Can baby chicks eat it?
Raw potato	✓ Yes	✓ In moderation
Raw potato skin	✓ Yes	× No
Banana	✓ Yes, as a treat	✓ In moderation (too much
		sugar)
Apple fruit flesh	✓ Yes	✓ In moderation
Apple fruit seeds	× No	× No
Pineapple	✓ In moderation	✓ In moderation (too much
	_	sugar)
Carrot	✓ Yes	✓ In moderation
Strawberry	✓ Yes	✓ In moderation
Tomato fruit	✓ Yes	✓ In moderation
Tomato leaves and stems	× No	× No
Cucumber	✓ Yes	✓ In moderation
Non-toxic mushrooms	✓ Yes	✓ In moderation
Celery	✓ Yes	× No
Nuts	✓ Yes	✓ In moderation (crush them
		first)
Onion	✓ In moderation	× No
Garlic	✓ In moderation	× No
Maple leaves	× No	× No
Jackfruit (minus the skin)	✓ Yes	✓ In moderation
Gourds	✓ Yes	✓ Yes, but after they're 6
		weeks old
Quince	✓ Yes	✓ Yes, but it could give them
		diarrhea
Leaves	✓ Only of non-toxic plants	✓ Yes, but after they're 6
		weeks old
Zinnia	✓ Yes	✓ Yes, but after they're 4
		weeks old
Fennel	✓ Yes	✓ Yes, but after they're 6
		weeks old
Moss	✓ Yes	✓ Yes, but has very little
		nutrition
Oatmeal	✓ Yes	✓ Yes, but after they're 6

Kidney beans Spicy food Lilac	<ul><li>✓ Yes, but cooked</li><li>✓ Yes, but only if it's natural</li><li>✓ Yes (flower, stem, leaves)</li></ul>	weeks old  ✓ Yes, but cooked  ✓ Yes, but only if it's natural  ✓ Yes, but after they're 4  weeks old
Ice cream Horse feed	➤ No ✓ Yes, in moderation	➤ No   Yes, but after they're 6 weeks old, in moderation
Dairy Nasturtiums	X No ✓ Yes	➤ No ✓ Yes, but after they're 4 weeks old
Lavender	✓ Yes	Yes, in moderation
Poison ivy	✓ Yes	× No
Grass clippings	✓ Yes	✓ Yes, but after they're 6 weeks old, in moderation
Goat feed	✓ Yes	× No
Alfalfa	✓ Yes	✓ Yes, but after they're 6 weeks old
Oregano	✓ Yes	✓ Yes
Swiss chard	✓ Yes	X No
Marigolds	✓ Yes	✓ Yes, but after they're 5
Dates Quinoa	✓ Yes ✓ Yes	weeks old  ✓ Yes  Y ✓ es, but after they're 4
Rosemary	✓Yes	weeks old  ✓ Yes, but after they're 6 weeks old, in moderation
Arugula	✓ Yes	Yes, but after they're 4 weeks old
Honey	✓ Yes, in moderation	Yes, but after they're 6 weeks old, in moderation
Lime	✓ Yes, in moderation	Yes, but after they're 6 weeks old, in moderation
Acorns (raw) Mint Dog food	➤ No ✓ Yes ✓ Yes	➤ No ✓ Yes ✓ Yes, but after they're 6
Corn husks	✓ Yes	weeks old, in moderation  Yes, but after they're 6
Green peppers	✓ Yes	weeks old  ✓ Yes, but after they're 6 weeks old
Squash	✓ Yes	Yes, but after they're 4 weeks old
Pickles Corn	➤ No ✓ Yes, in moderation	➤ No ✓ Yes, but after they're 4
Jalapeno	∀ Yes, including seeds	weeks old  ✓ Yes, but after they're 6

Fruit	Yes, minus the seeds	weeks old  Yes, minus the seeds, after
Almonds (plain)	✓ Yes	they're 6 weeks old Yes, but after they're 4
Lemon	Yes, in moderation	weeks old  Yes, but after they're 8
Meat (beef, pork, fish, poultry)	✓ Yes	weeks old  ✓ Yes, but after they're 6 weeks old
Raspberry	✓ Yes	Yes, after they're 6 weeks
Radish	✓ Yes	old  ✓ Yes, after they're 4 weeks old
Peanut butter	Yes, in moderation	× No
Kale	✓ Yes	✓ Yes, after they're 6 weeks old, in moderation
Sunflower seeds (unsalted)	✓ Yes	X No
Kiwi	✓ Yes	✓ Yes, after they're 6 weeks
		old
Mango (flesh, not skin or seed)	✓ Yes	✓ Yes, after they're 6 weeks old, in moderation
Zucchini	✓Yes	Yes, after they're 6 weeks old, in moderation
Eggplant (fruit only)	✓ Yes	Yes, after they're 6 weeks
Spinach	✓ Yes	Yes, after they're 4 weeks old
Cilantro	✓ Yes	✓ Yes, after they're 6 weeks
Lettuce	✓ Yes	old, ✓ Yes, after they're 4 weeks old
Chocolate	<b>∨</b> No	
	X No ✓ Yes	X No ✓ Yes, after they're 4 weeks
Popcorn (no butter or seasonings)	v ies	old
Broccoli	✓ Yes	✓ Yes, after they're 4 weeks
Blueberries	✓ Yes	old  ✓ Yes, after they're 4 weeks
Asparagus	✓ Yes	old  ✓ Yes, after they're 6 weeks
Peaches (minus the pits)	✓ Yes	old  ✓ Yes, after they're 6 weeks
Raisins	Yes, in moderation	old ☑ Yes, after they're 6 weeks old, in moderation